# Safety Measures in our Dental Practice

# 2 Recommendations for Our Team

# Before coming to work

- ❖ Take temperature (do not go into work if you or any other family member are experiencing symptoms; cough, sore throat, fever...etc.)
- Remove watch and rings and leave at home
- Avoid extra accessories
- Place phone in a Ziplock bag that you will discard at the end of the day
- If bringing a lunch, place in disposable wrapping
- Activate ApplePay so there is no need for cash or credit card n Bring work clothes in a washable bag (i.e. pillow case)
- They have practiced the appropriate use of personal protective equipment (PPE) prior to caring for a patient to prevent contamination.

#### At work

- Change into scrubs and work shoes (preferably plastic and wipeable) as soon as you arrive
- Use PPE as appropriate
- Leave all clutter (pens, phones, etc.) outside of patient op rooms
- We discourage workers from using other workers phones, desks, offices and other work tools and equipment when possible.
- Clean phone handset after use
- Discourage cell phone use at work

## After work

- Wash hands and arms with soap
- Remove scrubs and place in washable bag or leave at work
- ❖ Wash hands and put clean clothes on
- Sanitize phone, glasses, etc
- **❖** Wash hands again

### At home

- Do not touch anything
- Remove shoes and clothes
- ❖ Wash clothes/scrubs in washing machine with detergent and hot water
- Shower immediately with soap and water before touching anything (including loved ones)